

To Parents Considering iLs for their Child,

My seven year old son has been undergoing iLs therapy at Milestones For Kids for the past six months. In this short time, I have seen definite improvements in his overall coordination, mood and behavior.

We have tried different listening programs at home and in school in the past and I can say that Milestones' program has been the most beneficial. There is definitely a carry-over after a session. He's calmer, more focused and not as agitated.

Milestones' iLs program has structure and it allows my son to make the connection between therapy at Milestones and at home. But it's flexible enough that we've been able to incorporate one of his favorite activities, Taekwondo, with his iLs listening therapy.

With Milestones' iLs program, the first 15 minutes are devoted to specific exercises. When we do it at home my son is empowered to choose ones he likes and I choose some also. The next 45 minutes are open for him to do other activities while listening like Legos or puzzles. I can tell you I see a big difference in his fine and gross motor performance while he's listening.

If you are considering iLs therapy for your child, I highly recommend you speak to a Milestones therapist and get started right away. I've seen a lot of positives with this program.

Sincerely,

Sharon W.