

# Birth-2 Months

## Guide to Developmental Milestones



### Social/Emotional

- Parent-Infant bonding, learning to read each other's cues
- Regulation of sleep-wake cycle; regulation of feeding and elimination
- Begins to recognize primary caregiver
- Relies heavily on attachment figures/primary caregivers for emotional and soothing support



### Motor Skills

- Movements are initially random and uncontrolled
- Holds a finger when it is placed in the palm of his/her hand due to reflex
- Hands are loosely fisted

#### When placed on belly

- Lifts head to turn from side to side
- Lifts head 45 degrees
- Arms close to chest to support body

#### When placed on back

- Random movements of arms and legs
- Turns head to both sides



### Sensory

- Smiles or moves when primary senses are activated (hearing, smell, taste, touch, vision)
- Prefers objects with contrasting colors
- Briefly looks at people and objects within 12 inches
- Interacts and explores the environment by using their senses and movement
- Explores the environment freely by looking, tasting, smelling, feeling and hearing

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### Speech, Language and Hearing

- Makes variety of gurgling sounds and cooing when content
- Babbles or coos when someone talks to them
- Cry is monotonous, one breath long
- Listens to a caretaker's voice for 30 seconds
- Responds to sounds and voices
- Cries when hungry or uncomfortable



### Oral Motor and Feeding

- Opens and closes mouth to food source
- Primary nutrition through breast or bottle feeding
- Rooting response (turns mouth towards touch on face)
- Sucks on objects that are near the mouth
- Strong gag reflex evident



All children develop at their own pace, but you can use this guide to help you know what to look for along the way. If you have any questions or concerns regarding your infant's/child's development, please contact Milestones For Kids' Success at 630.792.1800 for a FREE developmental screening.

Disclaimer: This content was created by Milestones For Kids' Success and represents research available as of 10/2007. The information is intended to inform and educate. It is not a replacement for medical evaluation, advice, diagnosis or treatment by a healthcare professional.